

JACOB'S CARE CENTRE (JCC)

ANNUAL REPORT-2020 - 2021

**NO.2, Kali Gounder street, Chettipalayam(via),
Podanur, Coimbatore - 641 201**

A Brief note from the Managing Trustee:

I am happy to share the Annual Report of the Jacob's Care Center (JCC) for 2020-2021 which provides an overview of the work that we have undertaken in the year. Jacob's Care Center is being involved in interventions for the welfare projects for the welfare of neglected elders, destitute women and operate de-addiction centres for drug addict in various villages in Madhukarai and Pollachi Taluk of Coimbatore district and Chinnasalem and Kallakuruchi of Villupuram district.

I would like to express my gratitude to the Board whose skilled guidance has helped come so far. I would also like to acknowledge the hard work put in by the staff as well as the support of countless caregivers, service providers and funders.

As Jacob's Care Center (JCC) moves towards forward, we look forward to scaling more and more progress and serve further for the helpless community.

Managing Trustee

Philosophy of Jacob's Care Center (JCC)

The basic philosophy of our JCC is to work voluntarily for the overall comprehensive development both socially and economically for disadvantaged and abandoned elders, Youth, women and children. The organization has devoted all its efforts, resources and manpower to ensure accepted standards of levels in education, health by accomplishing favorable social and cultural environment, livelihood, entrepreneurship etc. through working in closer co- ordination and co-operation of the stakeholders and realizing the vision on a timeframe. Disadvantaged people achieve the desired changes in their lives and livelihood.

MISSION:

1. Care for Elderly, women and children
2. Empowerment of youth through vocational skill trades.
3. Providing health care to poor especially for senior citizens, children and women.

Jacob's Care Centre was registered under societies Act as a NGO by a group of service minded people before 11 years. Jacob's Care Center has been engaged in various welfare projects in the villages of Madhukarai and Pollachi Taluk of Coimbatore district, and, Chinnasalem and Kallakuruchi of Villupuram district. JCC's purpose is enhancing quality of life and contributing to a healthier future for elders, women and children and too the rehabilitation of drug addicts.

Programmes of the Organisation:

1. Integrated Programme for Senior Citizens (IPSrC)
2. Integrated Rehabilitation Centre for Addicts (IRCA)
3. SCHEME OF NATIONAL ACTION PLAN FOR DRUG DEMAND REDUCTION (NAPDARR)
4. Family Counselling Centre (FCC)

Current Projects:

1. Shelter Home for women in distress

JCC is involved in Protecting and rehabilitating women and children between the age of 18 and 40 under difficult circumstances in Coimbatore Coimbatore District. The shelter home for women in creates awareness in the community for care and protection of women and children who are under difficult circumstances, provides intuitional support and rehabilitate women (18-40 years) under difficult circumstances, provides food, clothing, medical facilities and entertainment to the residents.

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Short Stay Home has taken care 15 residents and 9 children. Out of 11 discharged cases, 7 were restored with spouse, 2 with parents and among them 2 residents were arranged for employment in private concern. The discharged women were given vocational trainings in the trade of tailoring, Basket making, Embroidering, Paper cover making and embroidery work. All inmates were provided food, clothing, medical facilities and recreation. Medical officers visited the home four times in a month and examined the inmates 'health on a regular basis. We also organized awareness programmes which focused on women rights, legal provisions, domestic violence act 2005, dowry act, marriage act and functions of various allied systems such as Free Legal Aid, services of All Women Police Station and women helpline.

2. VANAPRASTHAM Senior citizens home for poor destitute and abandoned old age people:

Jacob's Care Center (JCC) operates Integrated Program for Elders as Old Age Home under the support of Ministry of Social Justice & Empowerment, Government of India, New Delhi. This Old Age Home is functioning Chettipalayam of Coimbatore District.

In our project areas of Chettipalayam of Coimbatore, we found many destitute and abandoned elderly people are living and have no access to old age care and hence we established homes for resurrecting the poor elderly people. Provide due care to the helpless, neglected and abandoned old Aged persons in the society. Ensure old age friendly environment towards achieving a promising peaceful condition for elders fostering their physical, mental, social and spiritual protection and wellbeing as well. Safe, secure & homely environment for the elderly, High Quality Nutritional Food, Complete Medical Care and Referral Services through appointed home doctors, Recreational activities, festival and birth day celebrations, yoga and walking exercises, facilities for all readings and television and many more life enjoying activities are the special provisions for our elders. The annual details of old age homes during 2020- 2021 are briefed below.





Our Senior citizens home named VANAPRASTHAM Old Age Home is started in the year 2020 and provided a happy home for total 25 destitute, poor and orphaned elderly people. Both male and female are residing in separate dormitories. We are happy to share that from June 2020 onwards Govt. of India recognized our home and supported our project by Ministry of Social Justice and Empowerment, Government of India.

Since there is no other such facility for such deserted and destitute elderly people, our home is the only shelter home supported by Govt. caring for such elders.

Due to COVID pandemic, we could not take more admission of elders. Though the current building rent is Rs.25000/- and located in main place, we are looking for still spacious building to arrange for more space between the elders. We will inform the change of new building through proper channel i.e., District Social Welfare Officer, Dharmapuri District.

As far as food is concerned, we take utmost care in providing protein rich foods in order to protect the elders from infection. Three times healthy meal, morning Sundal, soup, dates and turmeric milk is also provided to the elders by following routine in everyday menu. Elder's feedback sounds positive after following this routine. Even during this pandemic situation, we make sure of weekly visit of Doctor and giving medicines by our Nurse incharge by checking the vitals every day. We focus much attention on the cleanliness both inside and outside of the building. We do not allow any outsiders inside our building. Periodical disinfection from Municipality is also being arranged for the safety of the residents. Vaccination for the elders is also under progress by liasoning with Health Department. Very soon we will ensure that vaccination is complete for all our resident elders except for those with co-morbidity factor.

Each of our senior citizens at Old Age Home is in good health and enjoying old age friendly and peaceful life. Many events, birth days and celebrations were taken place for the happiness of our senior citizen.

Periodical visit by District Social Welfare Officer and RRTC is also done on the proper implementation of the project. Surrounding community also extends their able co-operation and support to run this centre. At this instance, we heartily convey our thankful regards to Ministry of Social Justice and Empowerment, Government of India for their financial support.

3. Rehabilitation Activities for Addicts at Coimbatore

Rehabilitation Activities for drug addicts and alcoholics have been carried out to treat 23 alcoholics. They have been referred to various Integrated Rehabilitation Centers for Addicts in nearby districts. The addicts have been recovered and rehabilitated.

There were 92 individual counselling sessions and 60 group counselling and 69 family counselling sessions and these sessions have given the desired effect on the erstwhile addicts, who are all enjoying a healthy working life with happy families.

4. Family Counselling

JCC operates a Family Counselling Centre in Coimbatore District.

During our current programmes for the wellbeing of elders and addicts and alcoholics, we came across many difficult situations of women going through in their everyday walks through their family, husband and in-laws. Many people approached us for our guidance and support to counsel such women in difficult circumstances.

Particularly women attending the family counselling sessions also shared their sufferings to our counsellors and felt their need for professional guidance. In order to assist such women going through crisis in their family, we decided to extend our counselling services through Family Counselling Centre by the Counsellors. Even though last year was COVID pandemic situation, we counselled 146 clients through our Family Counselling Centres. Out of total cases, 122 cases have been resolved and remaining follow-up is on progress through tele-counselling and through our family counselling centre.

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1	Economic Crisis
2	Legal Problem
3	Depression
4	Career Counselling
5	Extra Marital Relations
6	Interference of parents/in-law
7	In search of Job Placement
8	Maladjustment due to Personality difference
9	Domestic Violence
10	Dowry demands

The women approaching our counselling centre have placed a request to our counsellors to pay visit to few women who are unable to express their difficulties through Family Counselling Centre. In order to reach about our counselling services to more needy women, we plan to conduct awareness camps through women self-help members and local volunteers during the approaching year.

This programme for Family Counselling Centre is run by local contribution considering the dire need for the women belonging to our project areas of Dharmapuri District.

5. Referral Services:

This programme supports women, elder and any people who is in need of guidance and support for availing any form of services of private and government. The main aim of this programme is to specifically attend to the need of anybody requiring informations and services namely need for Children Home for Children of difficult circumstances, Shelter for women and children in crisis, Treatment for Addicts and Old Age Home facility for destitute and deserted elderly.

Even referral to suitable job placement to unemployed youth based on the capacity and educational qualification.

Conclusion:

Due to Pandemic Situation, we decided to follow safety protocols in all our programmes benefitting elders, women and community at large. Our utmost aim is to join hand with District authorities to extend our services on various sectors. At this juncture, our immense gratitude to Ministry of Social Justice and Empowerment, Government of India, Department of Social Welfare, District Authorities, Individual Donors, Volunteers and Self-help group members for your steadfast support to continue our journey to service people in need.

For JACOB'S CARE CENTRE

Managing Trustee